



MENTAL HEALTH IN THE WORKPLACE

Mental Health at Work and Social Dialogue

Lessons Learned from the IncreMe(n)tal Project

February 26, 2026, 10.00 - 16.00

Morning session – Project insights and outputs (Chair: Margherita Roiatti – Fondazione ADAPT)

- 10.00 – 10.15 Welcome and introductory speech (Isabelle Barthès – IndustriAll Europe)
- 10.15 – 10.30 From project design to implementation: why IncreMe(n)tal matters (Barbara Arsieni – FIM CISL)
- 10.30 – 10.45 Mental Health at Work: Priorities and Key Insights from International Research (Iván Williams Jiménez – Independent expert & IncreMe(n)tal Quality Assessment Officer)
- 10.45 – 11.10 Key Results of the IncreMe(n)tal Project and Training Evaluation Findings (Diletta Porcheddu – Fondazione ADAPT, Ilaria Fiore – ADAPT)
- 11.10 – 11.30 The IncreMe(n)tal Comparative Policy Brief (Lenka Hanulová – CELSI)
- 11.30 – 12.00 From Research to Practice: Contents of the IncreMe(n)tal Interactive Guide and a Video to Support Its Use and Accessibility (Valentina Franca – University of Ljubljana, Margaret Heffernan – Dublin City University)
- 12.00 – 13.15 Lunch

Afternoon session – Stakeholders' perspectives and sustainability (Chair: Lourdes Mella Mendez – University of Santiago de Compostela)

- 13.15 – 14.45 Policy, institutional and social partner perspectives on mental health at work (Moderator: Karolien Lenaerts – KU Leuven)
Panelists: Maurizio Curtarelli (EU-OSHA) – Manal Azzi (ILO) – Delphine Rudelli (CEEMET) – Sonia Nawrocka (ETUI)
- 14.45 – 15.45 Trade unions' voices: project legacy and sustainability of action (Moderator: Zehra Gök Metin – Hacettepe University)
Trade union representatives: Pilar Ituero de la Calle (UGT-FICA), Serhat Sine (TMS), Frank Vaughan (SIPTU), Mateja Gerečnik (SKEI), Daniela Podmajerska (OZ KOVO)
- 15.45 – 16.00 Wrap-up and closing remarks



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Project acronym: IncreMe-n-tal | Project No. 101143366

Additional information

Venue

The conference will take place at: **IndustriAll European Trade Union**, Boulevard du Jardin Botanique 20 – Kruidtuinlaan 20, B-1000 Brussels, Belgium (*industriAll Europe headquarters, 6th floor*)

The event will be held in a **hybrid format**. The ZOOM link will be sent to registered participants attending remotely.

Working language and interpretation

The working language of the conference will be **English**. **Simultaneous interpretation** will be provided in **Italian, Spanish and Turkish**.

Participation

Participation is **free of charge**, subject to **prior registration**. Please register at the following link: https://www.surveymonkey.com/r/incremental_final_conf

Scientific coordination

Fondazione ADAPT

Beneficiaries

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